

## Contracting by Disease State

### DIABETES & OBESITY MANAGEMENT



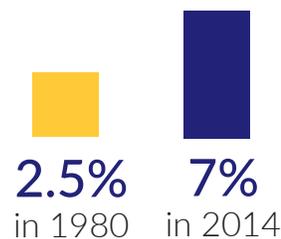
Diabetes costs acute care facilities over **\$5 BILLION** a year.



The adult obesity rate has **more than doubled** over the past 35 years, with over **35% of American adults classified as obese.**



Diabetes **diagnoses have risen** from



Patients who are overweight have a significantly greater chance of developing diabetes. These patients are among the most costly populations for health systems, due to their tendency to suffer from added complications, such as cardiovascular disease, dyslipidemia, sleep disorders, and various forms of cancer. These complications lead to hospitalizations and readmissions, significantly increasing the cost of care.

In fact, over 480,000 diabetic patients are admitted to hospitals annually, 20.3% of who are readmitted within 30 days for diabetes-related issues.<sup>1</sup>

## A Comprehensive Approach to Diabetes and Obesity Management

Acurity has developed a **Diabetes and Obesity Management Contract Portfolio** to help members implement preventive measures to better care for this patient population, and as a result, lower the cost of care.

The components that are essential to leading an effective diabetes and obesity management program in healthcare facilities were researched and identified, followed by a thorough supplier review conducted by our team of clinical and subject matter experts.

Acurity members have many of the tools necessary to diagnose and treat diabetes and obesity complications in their health systems at the lowest cost through this portfolio.

**Get Started Today**

Contact [info@acurity.com](mailto:info@acurity.com) for more information about our Diabetes and Obesity Management Contract Portfolio.

#### Reference:

Elixhauser A, Steiner C. Readmissions to U.S. hospitals by diagnosis, 2010. HCUP Statistical Brief #153. Rockville, MD: Agency for Healthcare Research and Quality. April 2013. Available at: <http://www.hcup-us.ahrq.gov/reports/statbriefs/sb153.pdf>. Accessed August 2, 2016.